

Topics and study materials for the 1st credit test
General medicine
2020/2021
Etiology

1. Pathophysiology

- The basic principles of pathological and clinical physiology. Ch 1. Rácz, O.: In: Oliver Rácz et al. (Ed.): Compendium of General Pathological Physiology, Vol. 1, p. 1 – 21.
- Recommended: lectures, tutorials, data on dept. web. Other reading: pract. seminars, internet resources (Wikipedia, etc.)

2. Health and disease

- Health and disease, general nosology and etiology. Ch 2. Rácz, O.: In: Oliver Rácz et al. (Ed.): Compendium of General Pathological Physiology, Vol. 1, p. 22 – 37.
- Recommended: lectures, tutorials, data on dept. web. Other reading: pract. seminars, internet resources (Wikipedia, etc.)

3. Physical factors: mechanical, electric, EMF, ionizing radiation, thermal injuries, hypo/hyperthermia, hypo/hyperbaria

- Physical factors as causes of diseases and health damage (Rácz, O. et al.) <http://patfyz.medic.upjs.sk/acom/physicalcely.pdf> Online
- Unit 1 Cell and Tissue Function; Ch2 Cellular Responses to Stress, Injury, and Aging, p. 31 – 48 In: Porth, C.M. (Ed.) Essentials of pathophysiology, 4rd Edition, Wolters Kluwer/Lippincot Williams & Wilkins, 2011, ISBN-13: 978-1-4511-9080-9.
- Unit I, Ch2 Altered Cellular and Tissue Biology, p. 49 – 102. In: McCance, K.L., Huether, S.E. (Ed.) Pathophysiology, 7th Edition, Mosby, Elsevier Inc., 2014, ISBN: 978-0-323-08854-1
- Environmental and Nutritional Diseases – Injury by Physical Agents. In Kumar, V., Abbas, A.K., Aster, J.C. (Ed.): Robbins and Cotran Pathologic basis of disease. 9th Elsevier, Saunders, ISBN: 978-0-8089-2450-0, p. 426 - 432
- Recommended: lectures, tutorials, data on dept. web. Other reading: pract. seminars, internet resources (Wikipedia, etc.)

4. Chemical factors

- Exogenous chemical factors as causes of diseases. (Rácz, O. et al.) <http://patfyz.medic.upjs.sk/acom/chemicalcely.pdf> Online
- Unit 1 Cell and Tissue Function; Ch2 Cellular Responses to Stress, Injury, and Aging, p. 31 – 48 In: Porth, C.M. (Ed.) Essentials of pathophysiology, 4rd Edition, Wolters Kluwer/Lippincot Williams & Wilkins, 2011, ISBN-13: 978-1-4511-9080-9
- Unit I, Ch2 Altered Cellular and Tissue Biology, p. 49 – 102. In: McCance, K.L., Huether, S.E. (Ed.) Pathophysiology, 7th Edition, Mosby, Elsevier Inc., 2014, ISBN: 978-0-323-08854-1
- Environmental and Nutritional Diseases – Injury by Chemical Factors. In Kumar, V., Abbas, A.K., Aster, J.C. (Ed.): Robbins and Cotran Pathologic basis of disease. 9th Elsevier, Saunders, ISBN: 978-0-8089-2450-0, p. 406 - 419
- Recommended: lectures, tutorials, data on dept. web. Other reading: pract. seminars, internet resources (Wikipedia, etc.)

5. Nutrition - undernutrition, overnutrition, obesity, metabolic sy., malnutrition, vitamins, minerals, trace elements

- Disorders of nutrition Ch 5. Rácz, O., Šofranková, A.: In: Oliver Rácz et al. (Ed.): Compendium of General Pathological Physiology, Vol. 1, p. 114 – 174.
- Unit 2 Integrative Body Functions; Ch10 Disorders of Nutritional Status, p. 223 – 240 In: Porth, C.M. (Ed.) Essentials of pathophysiology, 4rd Edition, Wolters Kluwer/Lippincot Williams & Wilkins, 2011, ISBN-13: 978-1-4511-9080-9
- Environmental and Nutritional Diseases – Nutritional Diseases. In Kumar, V., Abbas, A.K., Aster, J.C. (Ed.): Robbins and Cotran Pathologic basis of disease. 9th Elsevier, Saunders, ISBN: 978-0-8089-2450-0, p. 432 - 450
- Recommended: lectures, tutorials, data on dept. web. Other reading: pract. seminars, internet resources (Wikipedia, etc.)

6. Genetics

- Unit 1 Cell and Tissue Function; Ch 5 Genetic Control of Cell Function and Inheritance, p. 87 – 105; Ch 6 Genetic and Congenital Disorders, p. 106 - 128 In: Porth, C.M. (Ed.) Essentials of pathophysiology, 4rd Edition, Wolters Kluwer/Lippincot Williams & Wilkins, 2011, ISBN-13: 978-1-4511-9080-9
- Unit II, Ch4 Genes and Genetic Diseases, p. 135 – 163; Ch6 Epigenetics and Disease, p. 183 – 190. In: McCance, K.L., Huether, S.E. (Ed.) Pathophysiology, 7th Edition, Mosby, Elsevier Inc., 2014, ISBN: 978-0-323-08854-1
- Genetic disorders. In Kumar, V., Abbas, A.K., Aster, J.C. (Ed.): Robbins and Cotran Pathologic basis of disease. 9th Elsevier, Saunders, ISBN: 978-0-8089-2450-0, p. 137–183
- Recommended: lectures, tutorials, data on dept. web. Other reading: pract. seminars, internet resources (Wikipedia, etc.)

7. Inner milieu disorders – water & electrolytes, acid-base balance disorders, edema

- Unit 2 Integrative Body Functions; Ch 8 Disorders of Fluid, Electrolyte, and Acid-Base Balance, p. 159 – 205 In: Porth, C.M. (Ed.) Essentials of pathophysiology, 4th Edition, Wolters Kluwer/Lippincott Williams & Wilkins, 2011, ISBN-13: 978-1-4511-9080-9
- Unit I, Ch3 The Cellular Environment: Fluids and Electrolytes, Acids and Bases, p. 103 – 134. In: McCance, K.L., Huether, S.E. (Ed.) Pathophysiology, 7th Edition, Mosby, Elsevier Inc., 2014, ISBN: 978-0-323-08854-1
- Acid-base balance. Ch3. In: McKoy, E.S.C., Walmsley, N.: A primer of chemical pathology. World Scientific
- Sodium and Water Metabolism. Potassium. Ch 1-2. In: McKoy, E.S.C., Walmsley, N.: A primer of chemical pathology. World Scientific, p. 1 - 34
- Calcium. Phosphate. Magnesium. Ch 6-8. In: McKoy, E.S.C., Walmsley, N.: A primer of chemical pathology. World Scientific, p. 88 - 113
- Recommended: lectures, tutorials, data on dept. web. Other reading: pract. seminars, internet resources (Wikipedia, etc.)

8. Microcirculatory failure (shock), hypercoagulation (DIC)

- Hemodynamic disorders, thromboembolic disease, and shock. Ch 4. In: Kumar, V., Abbas, A.K., Aster, J.C. (Ed.): Robbins and Cotran Pathologic basis of disease. 9th Elsevier, Saunders, ISBN: 978-0-8089-2450-0, p. 131 – 135.
- Disseminated intravascular coagulation (DIC). Ch 14. In: Kumar, V., Abbas, A.K., Aster, J.C. (Ed.): Robbins and Cotran Pathologic basis of disease. 9th Elsevier, Saunders, ISBN: 978-0-8089-2450-0, p. 663 – 665.
- Recommended: lectures, tutorials, data on dept. web; Other reading: pract. seminars, internet resources (Wikipedia, etc.)

9. Biochemical data

- Reference ranges for blood test http://en.wikipedia.org/wiki/Reference_ranges_for_blood_tests
- Recommended: lectures, tutorials, data on dept. web. Other reading: pract. Seminars, internet resources (Wikipedia, etc.)

Compositions of the test

Multiple choice questions (30) via Rogo system. Approximate schedule:

1. Pathophysiology – etiology, pathogenesis, sanogenesis, thanatogenesis
2. Health and disease – pathological state, findings, process; stages and outcomes of disease
3. Chemical factors – general description, classes of chemical damage
 - a. Heavy metals (Cd, Hg, Pb)
 - b. CO, cyanides
 - c. Smoking, alcohol
4. Physical factors
 - a. Mechanical energy (wounds, Crush sy., Blast sy.)
 - b. Atmospheric pressure (hypobarica, hyperbarica, caisson dis.)
 - c. Acceleration, deceleration (+ kinetosis, weightlessness)
 - d. Thermal effects (burns, chilblains, hypo- hyperthermia)
 - e. Electromagnetic field (UV, infrared, microwave...), electric current
 - f. Ionizing radiation (sensitivity of tissues; acute and chronic radiation dis.)
5. Nutrition
 - a. Malnutrition quantitative, qualitative, total, selective, marasmus, kwashiorkor, starvation
 - b. Obesity, metabolic sy.
 - c. Avitaminoses
 - d. Trace elements – overview; iron – deficiency, overdose
6. Genetics
 - a. Mutations (classification)
 - b. Monogenic diseases
 - c. Chromosomal aberrations (numeric disorders of autosomes incl. Down sy., & gonosomes)
 - d. Non-mendelian heredity (mitochondrial dis., triplet repeat mutations, imprinting, mosaicism)
7. Inner milieu
 - a. Water, electrolytes (Na, K, Ca, Mg, phosphates)
 - b. Acid-base balance disorders
 - c. Edema
8. Microcirculatory failure (shock)
 - a. Shock, types of shock
 - b. Multiple organ dysfunction syndrome (MODS)
 - c. Disseminated intravascular coagulation (DIC)

Open questions (Word file). Approximate composition

1. Physical or chemical factors

2. Genetics (monogenic diseases or chromosomal aberrations)
3. Nutrition (malnutrition or obesity or vitamins or trace elements)
4. Inner milieu (+ case study); shock, DIC
5. Reference ranges of biochemical and hematological values

In multiple choice test (via Rogo system) each question consists of 5 independent choices (a-e) to which students answer by Yes or No. Every one choice is awarded by 1 point. Altogether it is possible to achieve 150 points in multiple-choice part of test. Each open question is credited by certain maxima of points, which can differ in various questions according to importance, content and difficulty.

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